



2015 High Holy Days Schedule

All locations are at CST unless noted by * (Center for Spiritual Living)

S'lichot	Saturday, Sept. 5	9:00 PM	
Erev Rosh Hashanah	Sunday, Sept. 13	6:00 PM 8:00 PM*	Family Service Adult Service
Rosh Hashanah	Monday, Sept. 14	10:30 AM*	Adult, Teen and Pre-teen Service
Tashlich	Monday, Sept. 14	4:30 PM	Lake Ralphine at Howarth Park
2nd Day Rosh Hashanah Service	Tuesday, Sept. 15	10:30 AM	Service and Potluck
Shabbat Shuvah	Friday, Sept. 18	6:15 PM	
Shabbat Shuvah	Saturday, Sept. 19	10:30 AM	
Cemetery Service	Sunday, Sept. 20	10:30 AM	Santa Rosa Memorial Park
Erev Yom Kippur-Kol Nidre	Tuesday, Sept. 22	6:00 PM 8:00 PM*	Family Service Adult Service
Yom Kippur	Wednesday, Sept. 23	10:30 AM* 1:30 PM 3:00 PM 3:45 PM 4:30 PM 5:30 PM 6:00 PM	Adult, Teen and Pre-teen Service Jewish Journeys Torah Reading/Jonah Healing Service Yizkor Service Neilah Service Break-the-Fast

New this year, the afternoon Yom Kippur services will be at CST (times are approximate)

Purchase or Dedicate a Copy of New Holy Days Prayer Book

Congregation Shomrei Torah will be using the new High Holy Day *Machzorim* (prayer books) for every service this year. We will not be using Gates of Repentance. The new two-book set (*Rosh Hashanah* and *Yom Kippur*) is available for purchase through the office for \$48.00.

Donating or dedicating a copy of the prayer book is a longstanding Jewish tradition, an enduring way to express your support of Shomrei Torah, honor a friend or loved one, celebrate a life cycle event, or remember someone you've lost. To dedicate a prayer book for \$18, go to the CST website, www.cstsr.org.



Dates to Note

Sunday, Sept. 27

Opening Day of Religious School*

K-3 9:00 AM – 11:15 AM

*Parents requested to stay for the entire session

4-7, 11:00 AM – 1:00 PM

Sunday, Sept. 27

Sukkot Party

2:00 PM – 5:00 PM

RSVP to the temple office for location

Sunday, Oct. 4

Simchat Torah Service and celebration

6:15 PM

Note to Users of Internet Explorer:

Some of you may have experienced problems when using Internet Explorer to access Shomrei Torah's web site www.cstsr.org. You can eliminate this problem by using Chrome, Firefox, Safari, or most other internet browsers.

HIGHLIGHTS

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Rabbi's Tisch Sylvia Boorstein

September 11
6:15 PM

***"It's as Good as
Fixed—Forgiveness,
the Radical Practice
of Liberation"***

Sylvia Boorstein is a meditation teacher, a psychotherapist and a storyteller.



A person with a Jewish background who practices forms of Buddhist meditation and spirituality is considered a Jewish Buddhist. A large demographic of Jewish Buddhists maintain religious practices and beliefs in Judaism coupled with Buddhist practices and beliefs. This might describe Sylvia Boorstein.

Sylvia Boorstein is a founding teacher of Spirit Rock Meditation Center and began teaching Mindfulness Meditation in 1985. She is a psychotherapist, a wife, a mother and a grandmother who is particularly interested in seeing daily life as practice. A central figure in the Jewish project of integrating mindfulness practices into Jewish life, she is renowned in both the Buddhist and the Jewish communities.

*"... Sylvia Boorstein is my mentor and friend,
and she has been my guide for over a decade,
as both a Buddhist scholar and quite a Jew."*

—Rabbi George

Her books include:

- It's Easier Than You Think: The Buddhist Way to Happiness
- Don't Just Do Something, Sit There: A Mindfulness Retreat
- That's Funny, You Don't Look Buddhist: On Being a Faithful Jew and a Passionate Buddhist
- Pay Attention for Goodness' Sake: The Buddhist Path of Kindness
- Happiness Is an Inside Job

Evening begins with catered dinner, ends with *Mi Shebeirach* and *Kaddish*. Suggested donation, \$18. RSVP to the CST office.

CST Men's Retreat

Friday, October 16 - Sunday, October 18
Enchanted Hills Retreat Center in the Napa Hills

Cost: \$275, all meals included

Deadline for registration: Friday, October 2, 2015

Financial assistance/scholarships available

Registration form available on CST website

Or contact the CST office

Zohar Classes Coming to CST

This year, Lehrhaus Judaica will host classes on the Zohar throughout the Bay Area. Shomrei Torah's classes will be taught by the ever-popular Rabbi Peretz Wolf-Prusan in April (13 - 14) and May (18 - 19).

YEAR OF THE ZOHAR-Kickoff event, sponsored by Lehrhaus Judaica, on Sunday, Oct. 11th, 1:00 - 2:00 PM, at the Jewish Community Library, 1835 Ellis Street (between Scott and Pierce), San Francisco (Possible car-pooling from Santa Rosa. Parking at the Library is free.)

Rabbi Daniel Matt, scholar and superb speaker, will introduce *pre-registered* students to The Zohar. The Zohar is the great medieval Jewish compendium of mysticism, myth and teaching, challenging assumptions about tradition, God and self. Rabbi Matt has recently completed a fresh translation of the Zohar.

For those who pre-register for our classes through Lehrhaus (Contact Abra Greenspan via email: abra@lehrhaus.org or via phone: 415-292-1254), the opportunity to be present at Rabbi Matt's Kickoff event will be a special treat! Please contact Abra soon to pre-register, as limited seating is filling up rapidly.

\$18 for CST members

\$36 for non- CST members

*The Zohar is the
great medieval Jewish
compendium of
mysticism, myth and
teaching, challenging
assumptions about
tradition, God and self.*

Join us for the Sunday, September 6 meeting of the Men's Bagel Club

September 6

On Sunday, September 6, Shomrei Torah President Rachael Cutcher will be the



guest of honor for a "Charlie Rose" style interview to talk about what is new and what is being planned at our congregation. Rachael has a unique perspective on life at CST from her many years in leadership roles. There will be a chance for those attending to ask her questions.

The morning will start at 9:00 AM in the Sanctuary with a Bagel, Lox and Cream Cheese brunch along with a new food item or two for your enjoyment—all this for only a \$7.00 donation. Please RSVP to the CST office at 578-5519. As is our tradition, women are always welcome at the Men's Bagel Club.

On October 4, we are invited to a behind the scenes tour and tasting at a Jackson Family Wines property, courtesy of Jim Cutcher, CST member. There will be an opportunity to learn and discover what goes in to the grape growing and winemaking process. Details to follow, but reserve that date for this special event.

The Bagel Club wishes all of you L' Shana Tova—a good year with good health, happiness and prosperity.

Partnering with Camp Newman and Thank You

We have just completed our seventh consecutive summer of partnering with Camp Newman, assisting them in checking in campers on their incoming days. I wanted to personally thank all of the volunteers who helped out this summer. This summer's volunteers were, Joyce Sokolik, Arlie Moore, Patty Ross-Glickson, Ellen Douglass and myself.



It is always very uplifting for me when I see the kids arriving from all over the country, connecting with their Reform Jewish community in such a fun way. I'm glad that representatives from Shomrei Torah can continue to be there.

Camp Newman has expressed their deep appreciation to the caring members of Shomrei Torah for the *Tikkun Olam*, which has been so graciously offered. This summer is quickly coming to an end, but the staff at Camp Newman is hoping to maintain this bond with Shomrei Torah in future years.

If you are interested in being a part of future cooperation between Camp Newman and Shomrei Torah, please contact the CST office at 578-5519.

— Sherry Fink



Chavurah Committee Have you considered joining a Chavurah?

A *Chavurah* is a wonderful way to create a family within our Shomrei Torah Family.

A *Chavurah* is a social grouping of congregants who have similar interests, ages, and activity levels. We have 14 *Chavurot* at CST. Each of them decides how often to meet and what they do together. They can add members from within our Congregation as they choose. The *Chavurah* committee's job is to help place anyone who wishes to be part of a *Chavurah* into a new or on-going group.

Activities range from celebrating Jewish holidays, doing community service, taking the kids fishing or hiking, having a game night and many more.

This month we have pictures from *Chavurah Gadolah*. They have an (almost) annual weekend getaway. This year they enjoyed a beautiful weekend at Point Reyes. Thanks to Suzanne Abrams for taking this picture.

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photo by Ed Berger

CST in the Community

Thanks to the dedicated CST members who marched with Rabbi George and the North Bay Organizing Project to show we care about our local, affordable-housing crisis. Speaking as one of the lead clergy, Rabbi George offered a compelling perspective as the marchers gathered:

"There is something wrong with a community that will take your labor but not your rent, that needs you to provide the services to run the community, but won't provide you the means to live in that community. There is something wrong here; that's why we are marching, letting our elected officials know that we will not stand idly by.... A fundamental principle of Judaism, my religion, is that all people – all people – are created in the image of God and that means that all people deserve to be treated with dignity. There is no dignity without a roof over your head. Marching to me is praying with your feet, and my prayer today is for the dignity of all people, that everyone should have a roof over their head, that if you work here you ought to be able to afford to live here. I'm praying with my feet today and with each step I am saying, 'no to rent exploitation and yes to rent stabilization!' I'm praying with my feet today and with each step I am saying, 'no to the indignity of homelessness and yes to the worth of every human being, created in God's image, worthy of the dignity of affordable housing, the ability to live where you work, to contribute and also benefit from the society in which you live.'"

Environmental Action Committee

Since the implementation of our Waste Management Program two years ago, there has been some confusion about which waste bin to use and when.



Picture this: You are standing in front of the waste management station located in the CST sanctuary. You have a wine stained paper cup in your hand, a paper plate with some food stuck to it, compostable utensils and a used paper napkin. All you want to do is throw these things away. You are faced with three options: Compost, Recycling or Landfill. Don't fret! Take your best guess and give your items a toss. The good news is that all Recycling and Compost bins get resorted before they arrive at their final destination. What we want to focus on at CST is the trash that is placed in the Landfill bin, because that is something we want to reduce.

CST's waste is handled differently than your waste at home. We are in a program that is made available to commercial entities such as restaurants. Because of this we are allowed to place all of our food related waste including meat and dairy, food-soiled paper products and compostable utensils into our Compost bins.

This reduces the amount of trash that ends up in our black bins, reducing the amount of waste that finds its way to the newly reopened Sonoma County landfill. Our county landfill is on the verge of being closed again because of overuse, so we want to do what we can to reduce what we send there. Rates are based on the amount of trash we produce (landfill), and since recycling and compost are picked up at no cost; this special waste program has saved CST money.

Compostable Items (Green Bin)

- All food including meat and cheese and other dairy
- Food-contaminated paper products (stocked in the pantry)
- Compostable utensils (stocked in the pantry)
- Leaves and grass

Recyclable Items (Blue Bin)

- Plastic cups including kiddush
- Metal cans and foil
- Glass bottles and jars including metal caps
- Clean paper cups and plates
- Clean paper and newspaper
- Clean cardboard
- Milk and drink cartons
- Plastic bags stuffed inside of a clear bag

Trash (Black Bin)

Includes items that don't recycle or compost

- Rubber gloves and bands
- Bottle caps
- Art projects with glue
- Styrofoam products
- Name tags
- Candles
- Straws
- Plastic wrap
- Stiff plastic bags.

A future topic on waste might include controversies regarding the Sonoma County landfill, and the shaky market for recyclables. But enough for now.

Tot Shabbat

Dearest Families,

Wishing all of you a very healthy, happy, good and sweet new year. Looking forward to seeing you on Friday, October 23 at 5:00 PM with a focus on *tzedakah*. There will be a vegetarian potluck, please bring a dish to share!

Blessings,
Tot Shabbat Lauren



Legacy Circle Planning Committee Seeks New Committee Members

Are you interested in the preservation of Congregation Shomrei Torah for coming generations of Jewish people in Santa Rosa? Did you know that you can do that now at no cost to you? Please consider joining the dynamic Legacy Circle Committee which focuses on CST's future financial health.

This Committee could use a few new members with ideas and insights. Meetings are usually monthly on Mondays and last about an hour or so. Plans are underway for an event for 2016 for our younger families. If you are a futurist and would like to contribute a minimal amount of time and energy please consider joining this Committee.

For more information please contact the CST office at 578-5519.

LEGACY NEWS

Meet Legacy Circle Members Judith Bernstein and Owen Shirwo

Judith and Owen find that Congregation Shomrei Torah facilitates their connection to the Jewish community in Sonoma County. They first joined the Congregation 18 years ago so their son Alex would benefit from a Jewish education leading to his *Bar Mitzvah* as well as a method for all three of them to engage in the local Jewish community.

Their continued membership and involvement along with their commitment to the future of the Sonoma County Jewish community is facilitated by their enjoyment of belonging to their Chavurah. They find their Chavurah to be their second family especially since they do not have family in this area. Much of their social activities involve their *Chavurah*.

Judith has traveled with Rabbi George both to the southern states and to Israel. Both trips have been informative and rewarding. Further, Judith and Owen feel the benefit of the intellectual stimulation available to synagogue members through the speakers, films, lecture and entertainment continuously available at CST. They feel secure that CST will continue to offer the learning opportunities they desire.

Judith and Owen share in special hopes for CST's long term future. These hopes were most important in their decision to make a "planned gift" in their estate plans to the synagogue. They wish for an expansion of the Jewish community where learning is emphasized as well as a synagogue that has financial solvency without pressures. They hope the endowment being accrued now can provide for this reality.

Their gift to CST has no particular designation and they hope it will be used wherever needed over time to achieve the goals and wishes of CST members.



Ruth Robinson Art Show & Sale

CST members spend the afternoon getting ready for the Ruth Robinson Art Show & Sale. From left to right: Judy Freedman, Miriam Sparrow, Ruth Robinson, Raleigh Fohrman and Susan Richter. Not shown, Michael Steinfeld and Bill Skoonberg.

Notice to Advertisers:

Due to rising printing costs, as of July 1, 2015 the rates for display advertising in *The Voice* increased for the first time since 2008. This modest increase will be reflected on your next bill.

We appreciate your continued support and look forward to providing you with an effective way to communicate your advertising message for years to come.

If you have any questions about advertising in *The Voice*, please contact the synagogue office.



Advertise in *The Voice*... Advertisements shall be limited to one-half page maximum size; advertisement positioning in *The Voice* will be on a rotating basis; the appearance and content of the advertisements shall be in good taste. Because this is a subjective assessment, final approval of any advertisement shall be at the discretion of the executive director, the Rabbi(s) and/or the editor of *The Voice*.

***The Voice* Display Ad Rates**

Annual Billing Amounts Effective 7/1/15

	<u>Members</u>	<u>Non-Members</u>
Business card:	\$265	\$330
Quarter-page:	\$580	\$725
Half-page:	\$1,190	\$1,490

Other advertising arrangements can be made by contacting the Executive Director. Ads and payment must be received in the temple office by the 5th of the month to start in the next month's issue.

For more information, please call the temple office at 707-578-5519.

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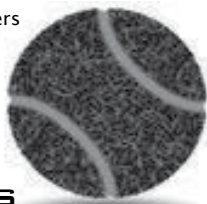
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Friday, September 4

6:15 pm – *Shabbat Service*

Saturday, September 5

Weekly Torah portion: *Ki Tavo*

8:45 am – *Torah Study led by Rabbi George*

10:30 am – *Shabbat Service*

9:00 pm – *S'lichot Service*

Friday, September 11

6:15 pm – *Rabbi's Tisch*

Saturday, September 12

Weekly Torah portion: *Nitzavim*

8:45 am – *Torah Study*

10:30 am – *Shabbat Service*

Sunday September 13

6:00 pm – *Erev Rosh Hashanah Family Service*

8:00 pm – *Adult Rosh Hashanah Service*

Monday, September 14

10:30 am – *Rosh Hashanah Services*

Tuesday, September 15

10:30 am – *2nd Day Rosh Hashanah Service*

Friday, September 18

6:15 pm – *Shabbat Shuvah*

Saturday, September 19

Weekly Torah portion: *Vayeilech*

8:45 am – *Torah Study led by Rabbi George*

10:30 am – *Shabbat Service*

Sunday, September 20

10:30 am – *Cemetery Service*

Tuesday, September 22

6:00 pm – *Family Kol Nidre Service*

8:00 pm – *Kol Nidre Service*

Wednesday, September 23

10:30 am – *Yom Kippur Services*

Friday, September 25

6:15 pm – *Shabbat Service*

Music of Shlomo Carlebach

Saturday, September 26

Weekly Torah portion: *Haazinu*

8:45 am – *Torah Study led by Rabbi Kramer*

9:00 am – *Tot Shabbat*

10:30 am – *Shabbat Service*

See our latest calendar at www.cstsr.org

THE PURPOSE OF THIS CONGREGATION

- To worship God in accordance with the beliefs and teachings of Reform Judaism.
- To cultivate and nurture in ourselves and our children a love and understanding of Jewish heritage.
- To develop a sensitive, caring and supportive congregational community where all are welcome and included.
- To act with responsibility and compassion in our community.
- To support the principles of equality, freedom and shalom among all peoples.